



FIRST AID KIT

☐ Gauze pads	Oral thermometer	■ Waterproof matches
☐ Various ace bandages	Aspirin	Sunscreen
☐ Adhesive tape	☐ Acid reducer	☐ Insect repellant
☐ Adhesive bandages	Cough medicine	₩histle
☐ Non-adhesive pads	■ Decongestant	■ Breathing barrier
☐ Antiseptic wipes	■A splint	■ Duct tape
☐ Antibiotic cream	□ Soap	■ Butterfly sutures
☐ Antibiotic ointment	☐ Hydrogen peroxide	Lidocaine
☐ Anesthetic spray	■ Calamine lotion	□ EpiPen
☐ Hydrocortisone cream	■ Alcohol wipes	Fingernail clippers
☐ Antihistamine	☐ Flashlight	□ Vaseline
☐ Exam gloves	■ Extra batteries	Cough drops
□ Pocket mask for CPR	☐ Eye shield	☐ Q-tips
☐ Zip-lock bags	■ Eyewash solution	■ Bottled water
☐ Safety pins	☐ Finger split	☐ Hand towel
☐ Scissors	□ Antacids	☐ Face mask
☐ Tweezers	■Aloe vera gel	■ Anti-diarrheal
☐ Instant cold compress	■ Emergency numbers	☐Tongue depressors
☐ Instant cold compress	■ Medical history	☐ First aid handbook